

sanguine Christian. An invisible army of "wage-workers" are reaping down untold harvests for God. "He that reapeth receiveth wages." Great spiritual forces attend upon every act of service done for God to our fellow-men. They walk beside the earnest teacher of children and youth. They intensify each word spoken for Jesus. All minute and tender service, all the modes of kindness in which Christ would walk were he in our place, will suggest themselves to us if we are in the Spirit on the Lord's Day.

Surely we must run upon the King's errand's on his own day. It is a remarkable fact that so many of the Lord's own deeds of loving-kindness, help, and healing were done upon the Sabbath. It was his Sabbath offices of love, of unbinding the heavy burdens, that brought upon him the fierce accusations of formalists. We are keeping the Sabbath in the holiest sense when we follow him in any good work. The soul's voice to God on his day is this:

"Rest, worship, service! Rest divine
O'erflows and floods this day of thine.
I trust thy finished work alone,
And rest in what my Lord has done.

"Worship, rest, service! Worship high
Is thine, to whom the angels cry.
With burning seraphs I will sing
Thy glory only, God, my King.

"Service, rest, worship! Service sweet
I would lay, Master, at thy feet;
In lowly ministry to men
Would tread thy holy steps again.

"Rest, worship, service! Saints in light,
Rest, worship, serve with ardor bright!
Our holy day, our Lord's Day blest,
Be bright with worship, service, rest!"

Soul-Saving

Central Baptist.

Soul-saving is the ultimate aim in this world of all Christian work. It is well to talk of building character and of developing Christian graces and of reforming society. These are the finishing touches to be put on the structure after its foundation and walls are in a place, but there is only folly in hanging up painted scenery for a world's admiration while there is nothing but gauze to support this artistic display. Nor do we believe there is any better way of improving character or of reforming society than by keeping forever closely at the task of saving souls. The temple is built by fitting each individual stone and board for its place, and this fitting is to be done in forest and quarry, not after the material is placed in the wall.

The Armor of God

George Miller.

We have observed the importance of putting on the whole armor of God. Every part of this armor which God himself has been pleased to provide for his children is absolutely required in order that we may be fully furnished for the conflict. And for this purpose has the armor been provided, that we may be able to stand against the wiles of the devil. That adversary is very subtle and crafty, and he is ever watching that he may get an advantage over us.

In order to lay still greater stress on this, the apostle, by the guidance of the Holy Spirit, proceeds to say, "For we wrestle not against flesh and blood." The battle is not against an army, but "against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places."

Begin With God.

Begin the day with God!
He is thy sun and day;
He is the radiance of thy dawn,
To him address thy lay.

Sing a new song at morn;
Join the glad woods and hills;
Join the fresh winds, and seas, and plains,
Join the bright flowers and rills.

Sing thy first song to God,
Not to thy fellow man;
Not to the creatures of His hand,
But to the glorious One.

Awake, cold lips, and sing!
Arise, dull knees, and pray!
Lift up, O man, thy heart and eyes,
Brush slothfulness away!

Look up beyond these clouds;
Thither thy pathway lies;
Mount up, away, and linger not;
Thy goal is yonder skies.

Cast every weight aside;
Do battle with each sin;
Fight with the faithless world without,
The faithless heart within.

Take thy first meal with God;
He is thy heavenly food;
Feed with and on him; he with thee
Will feast in brotherhood.

Take thy first walk with God;
Let him go forth with thee:
By stream, or sea, or mountain path,
Seek still his company.

Thy first transaction be
With God himself above;
So shall thy business prosper well,
And all the day be love.

—Selected.

Our Young People

THE LIVING BREAD. John 6:26-40

Topic for Nov. 12.

There are perhaps as many books and essays on Success as upon any other topic. Men never cease striving for the meat which perisheth and are ever giving anxious thought for the temporal needs of tomorrow while they forget their vastly greater spiritual needs. Jesus put things in their true prospective and taught us to set a right value on them.

The heavenly Father has provided for food and raiment; don't worry about that, but there is something worth striving for,—something worth more than a pearl of great price, a treasure which cannot be stolen or destroyed,—something which is worth the cutting off of the right hand, the plucking out of an eye, the giving up of every friend, yea, life itself is not to be counted dear when it stands between one and the kingdom of God. And what is the kingdom of God? It is righteousness and joy and peace in the Holy Ghost. And how is this received? By receiving Christ the Son of God, the light, the truth, the way, the life—the living bread. And him we receive by faith and by him we live and overcome the world, the flesh and the devil and gain eternal life.

This vital truth is so tremendously important that Jesus sought to make it clear by every manner of illustration and in our lesson of this week we take up one of these illustrations that by it we may gain a

clearer conception of what Jesus is to us. The lesson is not as easy as some for as Paul said, "This is a great mystery" yet he knew something of its reality for he said "Christ liveth in me" and again "For me to live is Christ." After we have studied how it is that just as food sustains our physical lives so Christ sustains our spiritual lives, may we too say "I count all things but loss that I may win Christ."

F. B. Meyer says that Paul considered himself the steward of two great mysteries. One of them was that Gentiles could become Christians without first becoming Jews, and the second was that of Christ living in believers so that it can be said of them "Ye died and your life is hid with Christ in God." We easily accept the first but into the depths of the second we may go infinitely farther. The subject grows, and grows with study. Give it as much time as possible and do not pass it by without time for prayer that God may give the living bread to you and all. May any unconverted who are present be led to accept Jesus the living bread at this meeting.

SCRIPTURE HELP

1. God gives us daily bread, Matt. 6:25-27. Therefore we are to be not anxious about that. We are to "be diligent working with our hands" and to be "not slothful in business" but "minding our own business" yet when this is done and we pray "Give us this day our daily bread" we are to believe that it will be given. We are not to seek to live sumptuously for the word used for bread in the Greek is *arton* which means simply a barley loaf. The lesson is, be content with a simple living for there is something which far better merits our striving.

2. God gives us also a spiritual hunger and supplies it, Matt. 5:6; Rev. 2:17; Luke 4:4. He has not given us one craving without a means of satisfying it. "Seek and ye shall find."

3. This "hidden manna" is Christ, John 1:14; John 14:6.

4. Christ reveals the Father, John 1:18.

5. To know the Father is life eternal, John 17:3.

6. Christ only reveals the Father because he only lived the life of perfect harmony with the Father, John 8:29; John 18:37; John 1:17.

7. Therefore he is called the Word, John 1:14, and the Word is truth, John 19:17.

8. We all by receiving him may become the sons of God, John 1:12. Because by receiving him we become like him, and if we bear his image we are his and "The Lord knoweth them that are his." II Tim. 2:19.

9. We receive him by faith and prove our faith by keeping the spirit of his teaching, Eph. 4:17-19; Gal. 3:26; John 12:50; John 14:21; John 15:10; John 6:63; II Cor. 3:6.

10. Thus by obeying Christ, the Truth, we receive the truth, and by receiving the truth we are born again, Jas. 1:18; John 8:33; I Pet. 1:22. Sanctified, John 19:17-19; and given power, John 15:7.

11. By obeying the truth we grow up unto Christ, Eph. 4:15; I Cor. 5:8.

12. The Spirit guides and helps us to receive this living bread, the Truth, the Christ, John 16:13; I John 5:6.

TOPICS FOR THOUGHT AND DISCUSSION

1. What is the purpose of bread?
2. Can we live spiritually without food?
3. Why is Christ called the "living bread?"
4. Why must we have Christ in order to have eternal life?
5. What did Christ mean in John 6:57.
6. How did Christ "live by the Father?"
7. Of what use are the church, the Bible and prayer in obtaining this living bread?
8. What is the importance of the communion service in helping us to partake of this "living bread?"
9. How may children have this "living bread?"
10. What more can our society do to pass the blessings of the living break to others?

C. F. YODER.